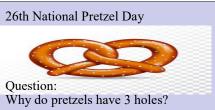


## April 2024 Jac-Cen-Del Jr. Sr. High School Lunch Menu



				why do pretzets have 3 holes?	
Breakfast 7:30-8:00	Monday	Tuesday	Wednesday	Thursday	Friday
Monday Pancakes/sausage Tuesday Egg with Toast Wednesday Pizza or Banana Split	I Fool's Day Akbed ehesce tckis ro Oth odg no unb Dakeb esrif Ershf gegsvei Urfit dan ilkm	2Chicken Tenders w Roll or Crispy Chicken on Bun Mashed Potatoes Carrots w Dip Mix Salad w Tomatoes Fruit	3 Grilled Ham and Cheese or Turkey and Cheese Sand- wich Tomato Soup Fresh Veggies Orange Slices Cookie	4 Buffalo Pizza or Pepperoni Pizza Tossed Salad Fresh Veggies Chilled Pears Donut	5 Pre-Eclipse Baked Tenderloin or Pork Rib B-Que on Bun Sun Chips, Moon Salad Bright & Dark Veggies Capri Sun Sun & Moon Cookie
Thursday Sausage Gravy/Biscuit Friday Biscuit w Egg, Cheese & Ham Or Donut	8 E-learning Day Solar Eclipse	<b>9</b> Tenderloin on Bun or Grilled Cheese Baked Chips Hot Vegetable Applesauce Cup Cookie	IO Baked Teriyaki Chicken or Beef and Cheese Nacho Salad w Tomato Breadstick Fresh Veggies Orange Slices	Chicken Noodle Soup Crackers Sun Butter Sandwich Cheese Stick Fresh Veggies Pears or Fruited Jell-O	Meat Ball Sub on Bun Cheese, Lettuce & Pickles Baked Fries Hot Vegetable Applesauce Cup WG Cookie
Offered Daily: I% white milk and Fat Free Chocolate and Strawberry	l5Hamburger or Tender- loin on Bun Baked Chips Broccoli Veggies Peaches and Pudding	I 6 Chicken Caesar or Crispy Chicken Wrap Seasoned Carrots Salad w Tomato Fruit Cup Brownie	I7 Nacho's Grande or Soft Shell Taco Street Corn Applesauce Fresh Veggies Sliced Peaches	I8 Cooks Choice Green Beans Romaine Salad Baked Chips Chilled Pineapple and Oranges	I 9 Bacon, Cheese Burger or Hot Dog on Bun Baked Fries Sliced Cheese, Lettuce, Pickles Baked Beans & Fresh Veggies Mix Fruit
Grab and Go: Chef Salad with Chicken or Diced Ham Yogurt Fruit Parfait Lunchmeat Sandwich Boxed Lunches Sun butter Sandwich	22 Tenderloin or Pork BBQ on Bun Lettuce, Cheese and Pickles Baked Chips Broccoli Mix Fruit Pudding	23 Chicken Alfredo w a Twist or Spaghetti w Meat Sauce Breadstick Salad w Tomato Fresh Veggies Choice of Fruit	24 Chicken Ramen or Chicken Bacon Flatbread Tossed Salad w Tomato Fresh Veggies w Dip Strawberry Cup Cake	25 French Toast w Sausage or Biscuit w Sausage Gravy Scramble Eggs & Hash brown Fresh Veggies Peach & Yogurt Smoothie	26 Corn Dog or Sloppy Joe on Bun Soft Pretzel w Cheese Seasoned Carrots Fresh Veggies Choice of Fruit Cookie
USDA: is an equal opportunity provider and employer.	29Hamburger or Tenderloin on Bun Sliced Cheese and Lettuce Baked Fries Steamed Broccoli Pears and Pudding	30Chicken Tenders w Roll or Crispy Chicken on Bun Mashed Potatoes Carrots w Dip Mix Salad w Tomatoes Fruit	Tipos de Eclipses Solares: Parcial  Weights Labor Solares Solares: Parcial	Anular  w suprime	Total  Victoria Laura  A = 10  Million Total