





**April 2024**  
**Jac-Cen-Del Jr. Sr. High School**  
**Lunch Menu**

26th National Pretzel Day



Question:  
 Why do pretzels have 3 holes?

Breakfast 7:30-8:00	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Monday</b> Pancakes/sausage <b>Tuesday</b> Egg with Toast <b>Wednesday</b> Pizza or Banana Split	<b>1 Fool's Day</b> Akbed ehesc tckis ro Oth odg no unb Dakeb esrif Ershf gegsvei Urfit dan ilkm	<b>2</b> Chicken Tenders w Roll or Crispy Chicken on Bun Mashed Potatoes Carrots w Dip Mix Salad w Tomatoes Fruit	<b>3</b> Grilled Ham and Cheese or Turkey and Cheese Sand- wich Tomato Soup Fresh Veggies Orange Slices Cookie	<b>4</b> Buffalo Pizza or Pepperoni Pizza Tossed Salad Fresh Veggies Chilled Pears Donut	<b>5</b> Pre-Eclipse Baked Tenderloin or Pork Rib B-Que on Bun Sun Chips, Moon Salad Bright & Dark Veggies Capri Sun Sun & Moon Cookie
<b>Thursday</b> Sausage Gravy/Biscuit <b>Friday</b> Biscuit w Egg, Cheese & Ham Or Donut	<b>8 E-learning Day</b> <b>Solar Eclipse</b> 	<b>9</b> Tenderloin on Bun or Grilled Cheese Baked Chips Hot Vegetable Applesauce Cup Cookie	<b>10</b> Baked Teriyaki Chicken or Beef and Cheese Nacho Salad w Tomato Breadstick Fresh Veggies Orange Slices	<b>11</b> Chili or Chicken Noodle Soup Crackers Sun Butter Sandwich Cheese Stick Fresh Veggies Pears or Fruited Jell-O	<b>12</b> Hamburger or Meat Ball Sub on Bun Cheese, Lettuce & Pickles Baked Fries Hot Vegetable Applesauce Cup WG Cookie
<b>Offered Daily:</b> <b>1% white milk and Fat</b> <b>Free Chocolate and</b> <b>Strawberry</b>	<b>15</b> Hamburger or Tender- loin on Bun Baked Chips Broccoli Veggies Peaches and Pudding	<b>16</b> Chicken Caesar or Crispy Chicken Wrap Seasoned Carrots Salad w Tomato Fruit Cup Brownie	<b>17</b> Nacho's Grande or Soft Shell Taco Street Corn Applesauce Fresh Veggies Sliced Peaches	<b>18</b> Cooks Choice Green Beans Romaine Salad Baked Chips Chilled Pineapple and Oranges	<b>19</b> Bacon, Cheese Burger or Hot Dog on Bun Baked Fries Sliced Cheese, Lettuce, Pickles Baked Beans & Fresh Veggies Mix Fruit
<b>Grab and Go:</b> <i>Chef Salad with Chicken</i> <i>or Diced Ham</i> <i>Yogurt Fruit Parfait</i> <i>Lunchmeat Sandwich</i> <i>Boxed Lunches</i> <i>Sun butter Sandwich</i>	<b>22</b> Tenderloin or Pork BBQ on Bun Lettuce, Cheese and Pickles Baked Chips Broccoli Mix Fruit Pudding	<b>23</b> Chicken Alfredo w a Twist or Spaghetti w Meat Sauce Breadstick Salad w Tomato Fresh Veggies Choice of Fruit	<b>24</b> Chicken Ramen or Chicken Bacon Flatbread Tossed Salad w Tomato Fresh Veggies w Dip Strawberry Cup Cake	<b>25</b> French Toast w Sau- sage or Biscuit w Sausage Gravy Scramble Eggs & Hash brown Fresh Veggies Peach & Yogurt Smoothie	<b>26</b> Corn Dog or Sloppy Joe on Bun Soft Pretzel w Cheese Seasoned Carrots Fresh Veggies Choice of Fruit Cookie 
<b>USDA:</b> is an equal <i>opportunity provider</i> <i>and employer.</i>	<b>29</b> Hamburger or Tenderloin on Bun Sliced Cheese and Lettuce Baked Fries Steamed Broccoli Pears and Pudding	<b>30</b> Chicken Tenders w Roll or Crispy Chicken on Bun Mashed Potatoes Carrots w Dip Mix Salad w Tomatoes Fruit	<b>Tipos de Eclipses Solares:</b> 