



*Menu Subject
To change*

*Jac-Cen-Del High School
Lunch Menu
August 2024*

USDA: is an equal opportunity provider and employer

Breakfast	Monday	Tuesday	Wednesday	Thursday	Friday
<p>MONDAY Pancakes/sausage or Piz- za TUESDAY Egg with Toast WEDNESDAY Banana Split or Muffin</p>				<p>1 Welcome Back Open House</p> 	<p>2 NO SCHOOL</p>
<p>THURSDAY Biscuit & Gravy FRIDAY Biscuit w Egg, Cheese & Ham or Donut</p>	<p>5 TEACHER DAY</p>	<p>6 Chicken Tenders w Roll or Breaded Chicken Breast on Bun Baby Bakers Cooked Carrots Fresh Veggie Stick Ice Cream</p>	<p>7 Choice of Pizza Green Beans Tossed Salad Fruit Cup Pudding</p>	<p>8 Meatballs w Spaghetti or Ravioli Cheese Breadstick Romaine Salad Fresh Veggies Strawberries</p>	<p>9 Tenderloin on Bun Or Turkey Bacon Club Baked Chips Fresh veggies Fruit Cup</p>
<p>Breakfast is served with Fruit, Juice and Milk. Students must take all 3.</p>	<p>12 Hamburger or Corn Dog Baked Fries Broccoli w/Cheese Peaches Cookie</p>	<p>13 Mashed Potato Chicken Bowl or Drum Stick, Corn Muffin Seasoned Carrots Fresh Veggies w Dip Applesauce</p>	<p>14 Buffalo Pizza or Pep- peroni Pizza Tossed Salad Fresh Veggies Chilled Pears Strawberries</p>	<p>15 Beefaroni or Ravioli Garlic Breadstick Shredded Cheese Tossed Salad w Tomato Fresh veggies and Fruit</p>	<p>16 Baked Tenderloin or Shredded Pork on Bun Baked Chips Carrot and Celery Stick Hot Vegetables Choice of Fruit</p>
<p>GRAB and GO Hamburger/Cheese/Bun Chef Salad with Chicken Yogurt Parfait Lunchmeat Sandwich</p>	<p>19 Hamburger or Hot Dog on Bun Baked Onion Rings Broccoli Veggies Fruit</p>	<p>20 Buffalo Chicken Poppers w Celery or Chicken Tenders Rolls w Jelly Tossed Salad Pears</p>	<p>21 Bean Burrito or Cal- zone Baked Beans Salad Fresh Veggies Hot Apples 2 HR Early Dismissal</p>	<p>22 Turkey Manhattan or Country Fried Steak Mashed Potatoes w Gravy Buttered Carrots Slaw or applesauce Ice Cream</p>	<p>23 Tenderloin on a Bun or Grilled Cheese Baked Chips Hot vegetables Applesauce Cup Cookie</p>
<p>1% white milk and Fat Free Chocolate. Chef Salads, Sandwich- es and Fruit & Yogurt Parfaits offered Daily</p>	<p>26 Hamburger or Pork BBQ on Bun Baked Tater Tots Hot Mixed Veggies Oranges Pudding</p>	<p>27 Breaded or Grilled Chicken on Bun Mashed Potatoes Seasoned Carrots Veggie Sticks Cherry Cobbler</p>	<p>28 Walking Taco or Soft Shell Taco Refried Beans, Sal- sa, Cheese, Shredded let- tuce Corn Applesauce</p>	<p>29 Baked Cheese Sticks or Bosco Sticks Marinara Sauce Baked beans Veggie Sticks with Dip Fruit Cup</p>	<p>30 Sub Sandwich Ham or Turkey w Cheese Baked Chips Hot Vegetable Choice of Fruit WG Cookie</p>